

"L'CHAIM – To Life!"

preK-2nd grade *new* monthly program

What: **L'CHAIM means *To Life!*** A fun, immersive monthly class for grades preK-2 about Shabbat & Holidays, Torah stories, Aleph-Bet letters, social action, values, Tzedakah, community, Jewish symbols through art, cooking, games and celebration!

Teacher: **MOLLY PARR**, creative Jewish educator, food blogger & Tot Shabbat mom!

Where: **The RUACH Community School at Beit Ahavah**
at Beit Ahavah, 130 Pine Street, Florence



When: **Sunday 3:30-5:30 p.m.** (Sept 24-Open House, Oct 8, Nov 19, Dec 3, Dec 17, Jan 14, Feb 4, March 4, March 25, April 8, May 6)
Saturday 9:30-11:30 a.m. (Jan 20, Feb 10, March 12, May 12)

A SAMPLE L'CHAIM DAY SCHEDULE

Sunday 3:30-5:30 p.m.

- 3:30 p.m.** Welcome! Opening song circle, story and game
- 3:45** Holiday, Jewish values (e.g. "*shalom bayit*"/peace at home), Torah activity
- 4:10** Prayer & Tikkun Olam (fixing the world) activity
- 4:30** Healthy snack & blessings
- 4:40** Hebrew Letter Movement – Yoga Aleph-Bet
- 4:50** Game, improv, drama, cooking, book or craft learning project
- 4:45** Closing Circle: "*Kehilah*" – all together singing and assembly with parents and upper grades led by Rabbi Riqi
- 5:30** *L'hitra'ot* – "See you next time!"

L'CHAIM also offers holiday events for families, YOFIE Community Cafés for adult learning, outings, four *Shabbat B'Yachad* ("Sabbath Together") programs, family Shabbat get-togethers, and parent involvement in the program.



For more info, to register or to join our mailing list, please contact RABBI RIQI KOSOVSKA, info@beitahavah.org, 413-587-3770, and see MORE on our website at

www.beitahavah.org!

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