

Beit Ahavah Yom Kippur Food Drive 2021/5782

*“Is this **the fast** I have chosen for you?! ... Is it not intended for you to **share your bread with the hungry**, and to bring the homeless poor into your house? When you see the naked to clothe them? And to not hide yourselves from your kin?”*
(-Yom Kippur haftarah, Isaiah 58:7-8)

This year our YK food donation drive is for the Northampton Survival Center, organized by Margaret Miller and Tzedek Tzedek. Please FILL a bag/bags with non-perishable food items. An initial collection will take place on the afternoon of Yom Kippur (Sep. 16) but you can drop your bags off with at Beit Ahavah now **through the end of Sukkot (Sep. 28, 2021), Mon 9am-2pm, Tue & Wed 9am-1pm, Thu 1:30-6:30pm.**

- You can also donate funds to be used for food: **Northampton Survival Center** www.northampton-survival.org, **Jewish Family Services** www.jfswm.org, and Rachel's Table <https://rachelstablespringfield.org>. Please cite the Beit Ahavah Yom Kippur drive.

HELPFUL ITEMS:

- Shelf-stable milk (dairy and non-dairy) and canned coconut milk
- Shelf stable juice (e.g. mango, orange, apple)
- Cereal, oatmeal, pop tarts, pancake mix & syrup
- Coffee and tea
- Peanut butter, Nutella, jelly/jam/preserves
- Canned meats, beans, fruits, and vegetables (cans with pull/pop tops are best)
- Soups (cans with pull/pop tops are best) and broths
- Grains: pasta (and sauce), rice, lentils, quinoa, etc.
- Meal starters: mac and cheese, rice-a-roni, taco kits, mashed potatoes
- Cooking supplies: olive/canola oil, salt, pepper, spices & seasonings, soy sauce, ketchup
- Baking supplies: flour, maze (corn flour), sugar, brown sugar, vanilla, shortening, honey
- Snack foods: crackers, granola/energy bars, chips, nuts, trail mix, meat jerkies
- Treats: chocolate, cake mix & frosting, muffin mix, brownie mix, etc.
- Household cleaning products (dish soap, etc) and hygiene & menstrual products

NOTES:

- **PLEASE check the expiration date** on all items you donate.
- The newer the food, the better!
- We will collect bags through the end of Sukkot, so please help us help others!